

### Registration Form

Please print clearly, detach & mail to:

Karen Pernet LCSW

332 Monte Vista Ave., #104 Oakland CA 94611

Name \_\_\_\_\_

Degree \_\_\_\_\_ Title \_\_\_\_\_

Full Address \_\_\_\_\_

\_\_\_\_\_

Work Phone: ( ) \_\_\_\_\_

Home Phone: ( ) \_\_\_\_\_

e-mail: \_\_\_\_\_

*Please attach, e-mail or call Karen with a short description of your professional experience with children, with Child Centered Play Therapy & with Filial Therapy.*

#### FEES

Deposit \$100 (non-refundable; applied to fee) \$ \_\_\_\_\_

Early Bird \$725 (fully paid by 6/15/10) (see cx. policy) \$ \_\_\_\_\_

Regular Rate \$850 (fully paid 2 weeks prior to guarantee a place) (see cx. policy) \$ \_\_\_\_\_

**\$25 discount** for Interns or Association for Play Therapy members \$ \_\_\_\_\_

Total Enclosed: \$ \_\_\_\_\_

Checks payable to: Karen Pernet

Credit card through web site

[www.growththroughplaytherapy.com](http://www.growththroughplaytherapy.com)

### Training Program dates August 5 thru 8, 2010

### Thursday to Sunday

*Register Early*

Location: Oakland, CA

Directions and lodging information will be sent with confirmation letters.

### Please Dress Comfortably



Karen E Pernet, LCSW

Registered Play Therapist-Supervisor

154 Santa Clara Ave

Oakland, CA 94610

P-510-923-0520 F-510-653-0433

[kepernet@yahoo.com](mailto:kepernet@yahoo.com)

[www.growththroughplaytherapy.com](http://www.growththroughplaytherapy.com)

Karen Pernet is a Certified Filial Therapy Trainer with the Family Enhancement & Play Therapy Center

# Intensive Filial Therapy Training Program\*

In Oakland, CA

4 day training 27 CEs

August 5-8, 2010

Thursday-Sunday

*Includes 1 hr individual consult*



**Karen Pernet LCSW RPT-S**  
*Registered Play Therapy-Supervisor*  
*Certified Filial Therapy Trainer*

6:1 participant to leader ratio

Limited to 6 participants

*\*Co-sponsored & Program © 2006-Family Enhancement & Play Therapy Center Inc.*



**Karen Pernet,**

LCSW,RPT-S #23635 is a Licensed Clinical Social Worker and a Registered Play Therapist-Supervisor. She is known for her encouraging and down to earth approach. She has been described as knowledgeable, supportive and playful. Karen's training as a play therapist includes a three year internship in Child Centered Play Therapy, an intensive training in Gestalt Therapy with children, Sandtray-Worldplay training and ongoing training and consultation in Filial Therapy.

She uses Filial Therapy in her practice with a wide variety of families: for example, those with relatively minor adjustment problems to families struggling with divorce & separation to families who are reunifying and/or struggling with attachment as well as many other issues. She also trained in several body/mind modalities: hypnosis, EMDR and Somatic Experiencing. In addition she has had another 15 years experience as a social worker and supervisor in the field of child welfare and child sexual abuse.

"I consider myself extremely fortunate to work in the field I love. It is important for me to have the opportunity to combine my life experience and my professional knowledge. My areas of specialty also include problems of childhood, women's issues, single parenting, ethnic/racial/foster and adoption identity issues."

Quote from a participant: BD LCSW

*"I am actually still floating in the clouds since the training-I still can't get over the unbelievable skills that I have acquired...the people that I have been privileged to work with for the four days. (As) you said I feel that I have gained a lot for myself, both within the Filial work & beyond."*

## **Intensive Filial Therapy About the Workshop**

Filial Therapy is a highly effective intervention integrating family therapy and play therapy to address child and family problems. Therapists learn how to train and supervise parents as they conduct special child-centered play sessions with their own children (ages 3-12), an approach designed to resolve presenting problems while strengthening the family. Filial Therapy has been used successfully with many child and family problems: oppositional behaviors, anxiety, depression, abuse/neglect, single parenting, traumatic events, attachment adoption/ foster care, relationship problems, divorce, family substance abuse, family reunification, chronic illness, and others. A research history spanning more than 40 years has consistently shown Filial Therapy to be cost-effective in facilitating positive and relatively short-term evidence-based approach has increased dramatically worldwide in recent years due to its effective, empowering approach to strengthening families.

Filial Therapy has been used in many settings & in both individual & group format. It has been embraced by many throughout the world because of its respectful involvement of parents as partners in the process of family change.

### **Prerequisite Training**

The training works best if participants have prior training & supervised experience in Child-Centered Play Therapy (CCPT) & a live introductory workshop or distance learning course in FT, such as the book *Filial Therapy* & the DVD workshop *Intro to FT* (see Risë Van Fleet's website [www.play-therapy.com](http://www.play-therapy.com)). Please attach a brief description of your experience. If you have questions about your own background, please call or e-mail Karen Pernet. Karen will be glad to speak with you.

### **Training Methods**

The Intensive Filial Therapy Training Program is limited to 6 participants per training leader to permit extensive skill practice with individualized coaching and feedback. The leaders present brief lectures, live and videotaped demonstrations, case studies, and supervision/feedback to participants as they practice during role plays.

## **Participants**

This training is for psychologists, social workers, counselors, psychiatrists, family therapists, school counselors, & other experienced professionals who work with children and families.

### **Schedule**

This training program has 27 actual training hours. The daily schedule is as follows:

Day 1 9:00AM-5:30PM

Day 2 9:00AM-5:30PM

Day 3 9:00AM-5:30PM

Day 4 9:00AM-4:30PM

& post training 1 hr. consult

### **Fees and Cancellations Policy**

**Regular Registration Fee \$850**

**(due 3 weeks prior to guarantee a place)**

**EARLY BIRD Fee \$725 (fully paid by 6/15/10)**

Fees include 27 hours of training, a manual & light refreshments. Lunches are on your own. A non-refundable \$100 deposit is required to hold a reservation for this training.

Registrations are accepted on a first-come-first-served basis. Written cancellations received 5 weeks prior to training will receive full refund of the balance, cancellations received within 5 weeks of the training are subject to an additional \$200 processing fee, with the remainder being refunded. We regret that no refunds can be given within the 3 weeks preceding the training (if there is a waiting list substitute, credits to future training may be given). *Due to the limited capacity of this workshop, no exceptions can be made.*

### **Continuing Education**

The Family Enhancement & Play Therapy Center, Inc, is approved by the American Psychological Association and the National Board of Certified Counselors (5732) to offer continuing education credits to psychologists and counselors respectively. It is also approved by the Association for Play Therapy (95-014) to offer continuing education specific to play therapy. This program has also been approved by CA BBS and in some other states for LCSWs and MFTs. Family Enhancement & Play Therapy Center follows all CE guidelines and maintains responsibility for this program of 27 CE credits. Partial credit cannot be given.